

ROUND 1 - SUNDAY, 11TH APRIL 2010		
ADELAIDE VIKINGS	VS	INGLE FARM
PONTIAN	VS	PARA HILLS WEST
FULHAM	VS	WEST BEACH
PARAFIELD GDNS	VS	ELIZABETH VALE
SALISBURY FLORINA	VS	ELIZABETH DOWNS
ROUND 2 - SUNDAY, 18TH APRIL 2010		
WEST BEACH	VS	PONTIAN
PARA HILLS WEST	VS	PARAFIELD GDNS
ELIZABETH VALE	VS	ADELAIDE VIKINGS
INGLE FARM	VS	SALISBURY FLORINA
ELIZABETH DOWNS	VS	FULHAM UTD
ROUND 3 - SUNDAY, 25TH APRIL 2010		
FULHAM UTD	VS	PONTIAN
PARAFIELD GDNS	VS	WEST BEACH
SALISBURY FLORINA	VS	ELIZABETH VALE
ADELAIDE VIKINGS	VS	PARA HILLS WEST
ELIZABETH DOWNS	VS	INGLE FARM
ROUND 4 - SUNDAY, 2ND MAY 2010		
PONTIAN	VS	PARAFIELD GDNS
WEST BEACH	VS	ADELAIDE VIKINGS
PARA HILLS WEST	VS	SALISBURY FLORINA
ELIZABETH VALE	VS	ELIZABETH DOWNS
INGLE FARM	VS	FULHAM UTD
CUP ROUND 1 - SAT & SUN, 8TH & 9TH MAY 2010		
	VS	
ROUND 5 - SUNDAY, 16TH MAY 2010		
ADELAIDE VIKINGS	VS	PONTIAN
ELIZABETH DOWNS	VS	PARA HILLS WEST
FULHAM UTD	VS	PARAFIELD GDNS
INGLE FARM	VS	ELIZABETH VALE
SALISBURY FLORINA	VS	WEST BEACH
ROUND 6 - SUNDAY, 23RD MAY 2010		
PARAFIELD GDNS	VS	ADELAIDE VIKINGS
WEST BEACH	VS	ELIZABETH DOWNS
ELIZABETH VALE	VS	FULHAM UTD
PONTIAN	VS	SALISBURY FLORINA
PARA HILLS WEST	VS	INGLE FARM
ROUND 7 - SUNDAY, 30TH MAY 2010		
FULHAM UTD	VS	ADELAIDE VIKINGS
INGLE FARM	VS	WEST BEACH
SALISBURY FLORINA	VS	PARAFIELD GDNS
ELIZABETH VALE	VS	PARA HILLS WEST
ELIZABETH DOWNS	VS	PONTIAN
ROUND 8 - SUNDAY, 6TH JUNE 2010		
PARAFIELD GDNS	VS	ELIZABETH DOWNS
WEST BEACH	VS	ELIZABETH VALE
ADELAIDE VIKINGS	VS	SALISBURY FLORINA
PONTIAN	VS	INGLE FARM
PARA HILLS WEST	VS	FULHAM UTD
CUP ROUND 2 - SAT & SUN, 12 & 13TH JUNE 2010		
	VS	
ROUND 9 - SUNDAY, 20TH JUNE 2010		
ELIZABETH VALE	VS	PONTIAN
ELIZABETH DOWNS	VS	ADELAIDE VIKINGS
PARA HILLS WEST	VS	WEST BEACH
INGLE FARM	VS	PARAFIELD GDNS
SALISBURY FLORINA	VS	FULHAM UTD

ROUND 10 - SUNDAY, 27TH JUNE 2010		
INGLE FARM	VS	ADELAIDE VIKINGS
PARA HILLS WEST	VS	PONTIAN
WEST BEACH	VS	FULHAM
ELIZABETH VALE	VS	PARAFIELD GDNS
ELIZABETH DOWNS	VS	SALISBURY FLORINA
ROUND 11 - SUNDAY, 4TH JULY 2010		
PONTIAN	VS	WEST BEACH
PARAFIELD GDNS	VS	PARA HILLS WEST
ADELAIDE VIKINGS	VS	ELIZABETH VALE
SALISBURY FLORINA	VS	INGLE FARM
FULHAM UTD	VS	ELIZABETH DOWNS
CUP ROUND 3 - SAT & SUN, 10TH & 11TH JULY 2010		
	VS	
ROUND 12 - SUNDAY, 18TH JULY 2010		
PONTIAN	VS	FULHAM UTD
WEST BEACH	VS	PARAFIELD GDNS
ELIZABETH VALE	VS	SALISBURY FLORINA
PARA HILLS WEST	VS	ADELAIDE VIKINGS
INGLE FARM	VS	ELIZABETH DOWNS
ROUND 13 - SUNDAY, 25TH JULY 2010		
PARAFIELD GDNS	VS	PONTIAN
ADELAIDE VIKINGS	VS	WEST BEACH
SALISBURY FLORINA	VS	PARA HILLS WEST
ELIZABETH DOWNS	VS	ELIZABETH VALE
FULHAM UTD	VS	INGLE FARM
ROUND 14 - SUNDAY, 1ST AUGUST 2010		
PONTIAN	VS	ADELAIDE VIKINGS
PARA HILLS WEST	VS	ELIZABETH DOWNS
PARAFIELD GDNS	VS	FULHAM UTD
ELIZABETH VALE	VS	INGLE FARM
WEST BEACH	VS	SALISBURY FLORINA
CUP QUARTER FINALS - SAT & SUN, 7TH & 8TH AUGUST 2010		
	VS	
ROUND 15 - SUNDAY, 15TH AUGUST 2010		
ADELAIDE VIKINGS	VS	PARAFIELD GDNS
ELIZABETH DOWNS	VS	WEST BEACH
FULHAM UTD	VS	ELIZABETH VALE
SALISBURY FLORINA	VS	PONTIAN
INGLE FARM	VS	PARA HILLS WEST
ROUND 16 - SUNDAY, 22ND AUGUST 2010		
ADELAIDE VIKINGS	VS	FULHAM UTD
WEST BEACH	VS	INGLE FARM
PARAFIELD GDNS	VS	SALISBURY FLORINA
PARA HILLS WEST	VS	ELIZABETH VALE
PONTIAN	VS	ELIZABETH DOWNS
ROUND 17 - SUNDAY, 29TH AUGUST 2010		
ELIZABETH DOWNS	VS	PARAFIELD GDNS
ELIZABETH VALE	VS	WEST BEACH
SALISBURY FLORINA	VS	ADELAIDE VIKINGS
INGLE FARM	VS	PONTIAN
FULHAM UTD	VS	PARA HILLS WEST
ROUND 18 - SUNDAY, 5TH SEPTEMBER 2010		
PONTIAN	VS	ELIZABETH VALE
ADELAIDE VIKINGS	VS	ELIZABETH DOWNS
WEST BEACH	VS	PARA HILLS WEST
PARAFIELD GDNS	VS	INGLE FARM
FULHAM UTD	VS	SALISBURY FLORINA
CUP SEMI FINALS - SUNDAY, 12TH SEPTEMBER 2010		
	VS	
CUP FINAL - SUNDAY, 26TH SEPTEMBER 2010		
	VS	